

## Our Gurus (Spiritual Guides)

**Swami Chinmayananda** is the founding father of Chinmaya Mission Worldwide. He was one of the world's foremost Vedantic scholars and one of India's most respected spiritual leaders. A gifted speaker, **Swami Chinmayananda** built an intense rapport with his audiences and communicated the teachings with vibrancy and wit. He taught Hindu philosophy in its most ancient and purest form, Vedanta, as it has been passed on from teacher to student since time immemorial.



**Swami Tejomayananda** is fulfilling the vision that Pujya Gurudev, Swami Chinmayananda charted. He learned, absorbed, and started living the message of the scriptures that his master so vociferously advocated. An accomplished and internationally recognized scholar, Swami Tejomayananda has been spreading Vedantic knowledge for decades through lectures, seminars, and spiritual retreats. He has been the Acharya at Sandeepany Sadhanalaya in India and the USA. His gentle manner, devotional heart, intellectual clarity, joyful wit, and open availability have earned him intergenerational appeal and endeared him to millions across the globe. He headed Chinmaya Mission from 1993-2017 and still continuing as the spiritual guide.



**Swami Swaroopananda** left his family's thriving business in Hong Kong at an early age to seek what he now calls, "real answers to real problems". Since undergoing intensive monastic training and an exhaustive study of the scriptures at the Chinmaya Mission ashram in Mumbai, Swamiji has spent 25 years traversing the globe, sharing the wisdom of Vedanta with hundreds of thousands of people. Swami Swaroopananda has been bestowed by Swami Tejomayananda the privilege to also serve as the Head of Chinmaya Mission Worldwide in January 2017.



# Chinmaya Mission

The Chinmaya Mission started as a movement for spreading the wisdom of the ancient scriptural texts of Hinduism. It branched out into various activities of selfless service. Swami Chinmayananda ushered in many projects that were tailor-made to suit the needs of the people served. With inspired and dedicated workers, the projects have had a visible effect on the social and moral fiber of the community at large, winning many accolades along the way. Globally, the Chinmaya movement became synonymous with acquiring knowledge of scriptures, having concern for humanity and for rendering selfless service.

## Mission Statement

**To provide to individuals, from any background, the wisdom of Vedanta and the practical means for spiritual growth and happiness, enabling them to become positive contributors to society.**

Chinmaya Mission is a very dynamic organization, involving a huge number of volunteers working together to provide a large number of services to fulfill Swami Chinmayananda's vision. The variety of services range from imparting the means to Self Knowledge, Seva (volunteer) programs, (Medical and Village Outreach/ Community Service) as well as programs for children, youth & adults.

Pujya Gurudev Swami Chinmayananda believed that service to one's fellow human beings is an integral part of an individual's spiritual evolution. He founded many trusts to promote rural development and medical assistance to villagers around his centers which are active and vibrant today.

For more information on Chinmaya Mission centers throughout the world, and list of current activities, please visit

<https://chinmayamission.com>



## Our Motto

**To give maximum happiness to maximum people for maximum time.**

## Who we are

We are a global organization serving individuals from all walks of life to impart the wisdom of Vedanta.

Founded in 1953 by devotees of *Swami Chinmayananda* in India. The organization is administered by Central Chinmaya Mission Trust, Mumbai, headed by *Swami Tejomayananda*.

## What we do

Chinmaya Mission follows the Vedic teacher-student tradition (guru-shishya parampara) and makes available the ageless wisdom of Advaita Vedanta, the knowledge of universal oneness, providing the tools to realize the wisdom in one's life.

As a spiritual movement that aims for inner growth at individual and collective levels, the mission offers a wide array of Vedanta study forums for all ages, promotes Indian classical art forms and operates numerous social service projects. To date, millions worldwide have benefitted directly or indirectly from Chinmaya Mission's numerous centres, ashrams, classes, events, services and projects.

Promote Vedantic knowledge by continuous publication and distribution of Acharya's (teachers) books, A-V material and community talks/presentations for the public.

Bring Vedantic knowledge to every corner of the world and every avenue of life.

## Where are we

Chinmaya Mission centers all over the world

Vedanta Training Centers, Colleges & Schools

Sustainable, Holistic Rural Development Projects

Indian Performing Arts & Skills training centers

Orphanages, Elder Homes & Vocational Schools

Academia of Sanskrit Research and Indic Studies

Chinmaya Vishwa Vidyapeeth De Novo University

**Chinmaya Mission** has developed a diverse array of activities, events, and programs tailored to individuals of all ages and backgrounds. While our weekly classes fortify the foundational activities of the Mission for the benefit of our members, Jnana Yagnas and camps serve as enlightening endeavors reaching a broader audience.

**Study Groups:** A distinctive feature of Chinmaya Mission, our study groups feature a structured curriculum and involve collective discussions on specific topics. Explore our website for a list of study groups conducted by CMP in the Portland/Beaverton area.

**Scriptural Knowledge Sessions:** We invite Acharyas (teachers) from other Chinmaya Mission centers to conduct Jnana Yagnas (lectures) on the Bhagavad Gita, Upanishads, and other texts for adults.

**Festivals:** CMP joyously celebrates major festivals throughout the year, including Shivaratri, Holi, Swami Chinmayananda's Birthday, Ramanavami, Krishna Janmashtami, Guru Purnima, Navaratri, Deepavali, Gita Jayanti, and Tapovanam Day.

**Vedanta in Action:** As an all-volunteer organization, Chinmaya Mission relies on dedicated volunteers to run its myriad programs. We welcome inspired individuals to join us in supporting various activities—please contact us if you are interested.

**Leadership Programs:** Our Bala Vihar children enthusiastically engage in and contribute to a variety of activities, empowering them to mature into productive and responsible members of the community.

**Community Service:** We enthusiastically engage in numerous social service initiatives, including free tutoring for migrant children, food drives for the needy, neighborhood cleanups, and nature conservancy projects throughout the year.

**Donations and Sponsorship:** Chinmaya Mission Portland is a 501(c)(3) non-profit organization, and we gratefully welcome community donations. Visit our website and click on the "Support Us" link to make tax-deductible contributions that will be used to support the mission's various activities.



**Chinmaya Mission Portland (CMP)** was established in 1996, guided by the visionary principles of Pujya Gurudev Swami Chinmayananda. Our mission is to impart spiritual education based on the Chinmaya Mission National **Bala Vihar** curriculum to children ranging from infants to 12th grade through grade-based sections in Balavihar. Thousands of children across North America benefit from this curriculum.

Explore our website for detailed information on the grade-based curriculum. Additionally, we offer **Adult Study groups** with a structured curriculum concurrent with the Balavihar sessions for adults.

Visit our **bookstore** on Sundays after the class meeting time, where you can find a diverse collection of spiritual materials in book, audio and video formats.

Chinmaya Mission Portland actively engages in humanitarian efforts through **CORD USA Portland**, facilitating members' participation in various activities such as food kitchens, free ESL tutoring, street cleanups, environmental awareness programs, and walkathons throughout the year.

Join us on **Sundays during the school year (September – June) from 9:15 AM to 11:45 AM**. For schedule and directions, please refer to our website.

**Chinmaya Mission Portland 3551 NE John Olsen Ave, Hillsboro, OR**

HAVE YOU WONDERED???

- ✧ What is Vedanta?
- ✧ How does one achieve everlasting happiness?
- ✧ What does symbolism in Hinduism mean?

Come and join our Chinmaya Family!

<https://cmportland.org>  
[contact@cmportland.org](mailto:contact@cmportland.org)  
(503) 299-4091

**What is Bala Vihar?**

**Bala** means child, **Vihar** means a place of love and joy. Balavihar is a place where children can learn about Hindu Cultural and Spiritual traditions in an environment that is filled with love and joy. We also offer Indian language and Vedic chanting classes.

When children become youths, they graduate to the Yuva Kendra, which literally means "Youth Center."

Every year, the Balavihar children in each class are given an opportunity to express what they have learned in class using skits and presentation. This allows them to showcase how they intend to apply that knowledge in their life to a wider audience.

We offer day camps during school holidays, with fun, thought-provoking themes and subjects and conduct Bhagavad Gita chanting competition for the children every year.

Good conduct, Emotional refinement, Intellectual finesse and Spiritual awareness are developed by mature Sevaks through fun and play, and through stories, Bhajans and discussions. The children are encouraged to be responsible, alert and sensitive members of society.

Gurudev believed that just as the strength of a wall depends on the quality of each brick, so too, the health of a society depended on the individuals. If the individuals are healthy, the society is healthy.

Chinmaya Mission centers have become models for teaching India's rich spiritual heritage and the fundamentals of Vedanta to the next generation.

**Swami Chinmayananda –**  
*"Children are not vessels to be filled, but lamps to be lit."*

**Swami Tejomayananda -**  
*"Give your children values, not valuables"*

